CLIENT PHOTOGRAPHY GUIDE

Arm Lift.

DO I HAVE TO TAKE PHOTOS?

It's normal to feel anxious about taking and submitting personal photos. However, they are an essential part of your Plastic Surgery journey and are used in a number of ways:

- ☑ As a planning tool for your Surgeon
- ☑ To inform your Surgical Quote
- ☑ As a baseline to measure your results

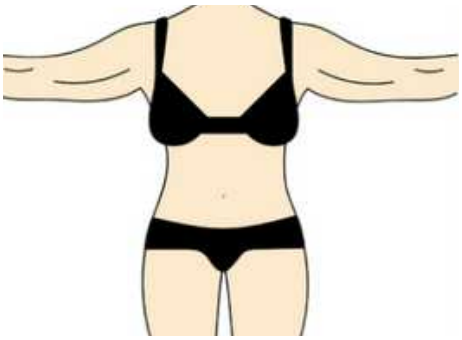
Trust us. No one is more understanding of the necessity of maintaining privacy throughout your plastic surgery journey than we are. Like other personal client information collected during your journey, your photos remain confidential.

INSTRUCTIONS

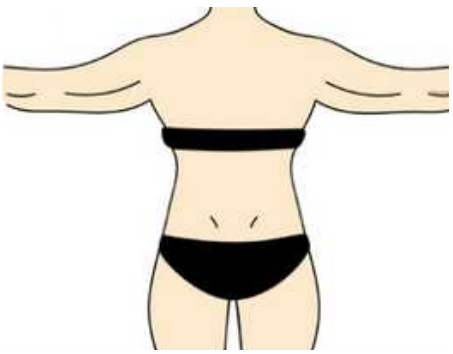
To assist your Assessment, please:

- ☑ Have someone else take these photos.
- ☑ Take photos from shoulder height.
- ☑ Ensure photos are clear and in focus
- ☑ Take the photos in good lighting with minimal shadows on the body.
- ☑ Take photos in front of a plain wall.
- ☑ Underwear can be worn.

PHOTOS WE REQUIRE



FRONT
Arms at 90 degree angle from body.



BACK
Arms at 90 degree angle from body.

SUBMITTING YOUR PHOTOS

If photos are larger than 1MB, please email each photo separately to info@cosmeditour.com

CosMediTour